

CHAPTERS

THE NEWSLETTER OF THE SHREWSBURY PUBLIC LIBRARY - WINTER 2019-2020



An American Girl Doll display with clothing made by Library Greeter Mary Flynn.

A letter from Library Director Ellen Dolan:

One day in early October 2019 I looked around my office and realized that it held a truly odd assortment of items. There was a cooler with one broken handle, four elf hats (with plastic ears poking out each side), a box of three-fold program flyers, some puzzles, printed copies of a favorite recipe of Eleanor Roosevelt's, a bag of leftover small prizes, and supplies for a craft project. It's not exactly the stark, clean-lined professional office I imagined for myself.

It is, however, an office and a workplace I love. As I near the end of my career, I have been thinking about the pleasures and oddities of being a public librarian. The jumble of items from the various programs and activities just ended or in planning stages underscores the fact that a public librarian's career is varied and exceedingly interesting.

Last week I attended the Spirit of Shrewsbury Expo and had fun with people of all ages

who visited the library booth; thus the bag of leftover prizes from the free prize wheel. Last evening I heard Eleanor Roosevelt historian Carol Cohen speak on Eleanor's years at Val-Kill. She left copies of Eleanor's recipe for Pink Clouds on Angels. I am in the process of planning a Yuletide Market with an amazing team of women from the Shrewsbury Town Center Association, which is why there are elf hats in my office. Puzzles and crafts are intended for the Memory Café, a wonderfully impactful library program for people with dementia and their care partners. And that broken handled cooler, for which we can thank Shrewsbury Council on Aging Director Sharon Yager, was lent to us for the community-wide reading project's featured event on a Sunday in October. The Young@Heart Chorus, an amazing stereotype-defying, generation-crossing, musical extravaganza of people aged 70 to 99 years, performed rock songs! My work is never boring!

(continued on next page)

While I do of course handle the standard management tasks of budget development and control, planning, personnel matters, facility planning, and so forth, it's the varied activities and broad community connections that happen in libraries today that make public librarianship so inspiring and exciting.

This is a career for those who love people and public service, who believe that this long-standing public institution has the power to transform lives and improve communities. I have been blessed to learn about the power of public libraries during my earliest years—and to have made a career and a life out of this type of community work. I am blessed to have spent my years working on something for which I care so deeply.

I know that the future of community libraries looks very bright. More capable and dedicated young people are joining the field, attracted by the potential of public libraries to improve and transform lives. And real optimism comes from watching the young professionals in our library and other libraries taking up this terrific mission of service.

After more than 40 years in libraries, I can attest that libraries still have it going on!

Sincerely,

Ellen M. Dolan

THANK YOU TO OUR SUNDAY SPONSORS

Visit the library on Sundays from 1:00-5:00 P.M., thanks to the generosity of these individuals, civic groups, and businesses. If you know these people or frequent their businesses, please be sure to thank them for their generosity!

Providing five Sundays:

- Dr. B. Dale and Mrs. Melanie Magee

Providing three Sundays:

- Daniels Insurance Agency

Providing two Sundays each:

- Olivia, Peg and Don Harbert
- The Olive I. and Anthony A. Borgatti, Jr. Donor Advised Fund of the Greater Worcester Community Foundation

Providing one Sunday each:

- The Shrewsbury Rotary Club
- St. Mary's School
- Harold (Bill) and Jean Stuart
- The Shrewsbury Education Foundation
- In memory of James Heedles
- In loving memory of Buckie Somers
- The Central One Federal Credit Union
- Maureen Fujimori, in honor of Eileen Mooney Evans

- Pam Osborn in memory of Harry Der Harootunian
- Selectman Beth Casavant
- The Del Dotto grandchildren: Drea, Dylan, and Devin
- The Matthews family
- The Bachini family
- Dean Park Grill & Pizza
- David & Kathleen Rocheleau
- Jeffrey & Priscilla Billingham
- In memory of Dr. John P. Collins from the Collins family
- In memory of Dr. John P. Collins from John P. Collins & Nancy Hughes
- Pat Silvestri in memory of Elizabeth Woodring
- One anonymous donor

As of this writing, on 10/3/2019, only one Sunday remains to reach a full season (October 6, 2019 through May 24, 2020). The cost for sponsoring one Sunday is \$700. Please contact the Library Director at (508) 841-8537 or edolan@shrewsburyma.gov if you wish to provide a sponsorship or need more information.

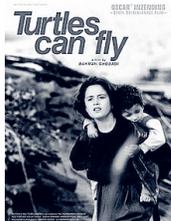
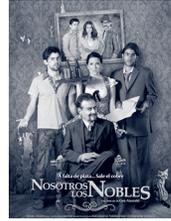
11th Annual February Foreign Film Festival, 2020

Every Sunday in February at 2:00 P.M.

Shrewsbury Public Library

Open and free to all

Popcorn provided, but bring your own beverage

<p>Feb. 2nd</p> 	<p>A Sunday in the Country <i>G France 1984</i></p> <p>A lyrical portrait of an elderly painter who has no real genius in pre-WWI France. Since the death of his wife, the painter lives alone with his servant. Every Sunday his son, a steady young man who likes order and propriety, visits accompanied by his wife and children. This day the painter's daughter, a young non-conformist, a liberated and energetic woman, upsets this peaceful ritual and calls into question her father's artistic choices. Winner of multiple awards including Cannes Film Festival Best Director and three Cesar Awards.</p> <p><i>In French with English subtitles 1 hr 34 min</i></p>
<p>Feb. 9th</p> 	<p>Turtles Can Fly <i>PG-13 Iran 2004</i></p> <p>Haunting film in which Kurdish children in a refugee camp disarm land mines so that they can be re-sold to arms dealers. Set on the eve of the American invasion of Iraq, the characters look forward to the fall of Saddam Hussein. Winner of a dozen awards between 2004—2007.</p> <p><i>In Kurdish, Arabic, and English with English subtitles 1 hr 38 min</i></p>
<p>Feb. 16th</p> 	<p>We Are the Nobles <i>PG-13 Mexico 2013</i></p> <p>Comedy in which a construction company tycoon fakes bankruptcy to teach his three spoiled grown children a lesson and to force them to do the unthinkable—get jobs. Winner of two awards and three nominations in Mexico.</p> <p><i>In Spanish with English subtitles 1 hr 48 min</i></p>
<p>Feb. 23rd</p> 	<p>Comrades: Almost a Love Story <i>Not Rated Hong Kong 1996</i></p> <p>Drama/romance involving the stories of two Chinese refugees in Hong Kong over a 10-year period. Winner of nine Hong Kong Film Awards including Best Film.</p> <p><i>In Cantonese with English subtitles 1 hr 58 min</i></p>



Friends of the
SHREWSBURY
PUBLIC LIBRARY

HOLIDAY OPEN HOUSE

Saturday, December 7th, 2019

Please join us to celebrate the season at our free Annual Holiday Open House from 1:00 to 3:30 P.M. Santa arrives at 1:30 P.M.

The event will feature crafts, games, stories, a holiday-themed tag sale, refreshments, and fun for the whole family.

After visiting the Friends Holiday Open House, consider strolling across the street to the Shrewsbury Town Center Association's Yuletide Market. It runs from 4:00-8:00 P.M. in the Chiampa Funeral Home lot. There will be food trucks, a beer garden, artisanal gift stalls, music, AND the first annual lighting of the common!



ADULT SERVICES & PROGRAMS

It's time to make those New Year resolutions! – AND, we'll help you keep them! Whether you have a goal to lead a healthy and active life by practicing yoga and meditation, or whether you want tips to help you get rid of clutter, or you want to have a shot at scaling Mount Everest, we can help you with inspiring speakers and events!

Art Workshop

Create an Abstract Art Piece

*Saturday, January 18th,
10:00 A.M. -12:00 P.M*

Have you always wondered what printmaking is? In this two-hour workshop, learn some basic off-press printmaking techniques with art teacher Marion Buricatu. **NO ARTISTIC SKILLS REQUIRED!!** With just cardboard, wax paper, and acrylic paint, you will create your own abstract art. All supplies will be provided.

Registration required.
Sponsored by the Friends of the Library!

Health and Wellness

Start the New Year with Meditation

*Tuesday, January 21st,
7:00-8:00 P.M.*

Join long time meditator Clare Vidich for this powerful workshop. Clare inspires audiences to learn and practice this simple and beneficial technique, and there will even be a little meditation sitting at the end. Bring joy, peace, positivity, and relaxation into your daily life and begin the new year with a fresh start. Registration required.

Yoga with Bindu

*Wednesdays, January 22nd & 29th
February 5th & 12th, 9:00-10:00 A.M.*

Hatha yoga brings a physical, emotional, and spiritual awareness to one's body and mind. It also helps to relax your mind and relieve stress. In this class, Bindu Gupta will teach yoga poses and breathing techniques to strengthen the body and mind.

Please bring a mat. This is a four-week program, and registration is required for each session. Sponsored by the Friends of the Library.

Introduction to Mindfulness-based Stress Reduction

Saturday, January 11th, 10:00-11:00 A.M.

Joanna Graham will lead this one-hour workshop where she will review the 5W's of mindfulness (who, what, where, when, and why) and teach ways to establish a daily practice. Attendees will complete a few guided meditation practices, so please bring a yoga mat or make use of the provided chairs. Registration required.

How to Overcome Anxiety and Stress

Saturday, February 1st, 9:00-10:00 A.M.

Job insecurities, hectic schedules, and family tensions all contribute to stress. Patience Hemenway, International Certified Trainer, will share tools to help you overcome anxiety and stress. Registration required.

Climbing Mount Everest – Talk by Professional Mountain Guide

Tuesday, January 14th, 6:30-8:30 P.M.

A professional mountain guide for 33 years, Craig John will give a multi-media presentation on his ascents of Mount Everest. He first climbed Everest in 1998 from the Tibetan side of the mountain via the North/Northeast Ridge. Twenty years later in 2018, he returned to climb it by the Southeast Ridge in Nepal. He discusses the culture and geography of the region as well as the history of climbing Everest. Registration required. Sponsored by the Friends of the Library.

Hobbies

Artist Trading Cards

Thursdays, January 9th & February 13th, 11:00 A.M.-12:30 P.M.

Would you like to join the Artist Trading Cards (ATC) group that will meet on the second Thursday of the month starting in January? ATCs are fun, miniature art pieces that are created and traded with other artists. Just like the classic baseball trading card, they measure 2-1/2 x 3-1/2 inches. They can be done with pen and ink, rubber stamps, stencils, collages, paint, needle and thread, crayons, or any other media. If you like to be creative and play with art, come join this group. No art skills needed. All supplies will be provided. The group will be led by Barbara DePalo. Limited spots available, so registration is required.

Coloring Club for Adults

meets on the second Saturday of the month from 10:00-11:00 A.M.

Knitting Club meets on Mondays from 6:00-8:00 P.M.

Genealogy Club meets on the fourth Monday of the month from 7:00-8:45 P.M.

Organizing Workshop

Getting Organized – Workshop by Jenna Elliott

*Wednesday, January 15th,
7:00-8:00 P.M.*

New year, new space! This workshop will focus on tackling clutter, creating efficient habits, and rethinking how we view our stuff. Start off your new year with a wiser, more organized you! Registration required. Sponsored by the Friends of the Library.

Chinese New Year Celebration

*Saturday, January 25th,
2:00-4:00 P.M.*

An event for the whole family to enjoy! There will be music, dance, calligraphy, martial arts demos, and more!

Music

Robert Oakan's Talks on Franz Joseph Haydn

Mondays, December 2nd and 9th, 6:30-8:00 P.M.

A close friend of Mozart and a teacher and supporter of Beethoven, Haydn was the most famous composer in all of Europe by the late 1700s. Continuing his four-part series, Robert Oakan will discuss Haydn's life and career and the impact he had on the music of his day. Attendees will hear a generous sampling of his work.

Celebrate the Holidays with P.E. James

Tuesday, December 17th, 7:00-8:00 P.M.

Enjoy favorite holiday songs with the joy-inspiring, foot-tapping music of P. E. James.

No registration required. Sponsored by the Friends of the Library.

Contemporary Folk Music with Crowes Pasture

Thursday, February 13th, 7:00-8:00 P.M.

A roots-infused, contemporary folk duo, Crowes Pasture performs original music and eye-opening covers that reflect a mutual passion, sense of discovery, and celebration of life. Hailing from Boston, the romantic clawhammer banjo playing by Monique Byrne and expressive guitar picking by Andy Rogovin are enlivened by their personal chemistry and emotionally eloquent vocals. Add to that tightly blended vocal harmonies and unique instrumental style that can only be described as a "banjo-guitar romance."

Registration required. Sponsored by the Friends of the Library.

Ongoing Programs Book Groups

Shrewsbury Readers book group meets on the first Thursday of the month from 6:30-7:30 PM.

Eclectic Browsers book group meets on the third Wednesday of the month from 10:00-11:00 A.M.

No registration is required for either book group. Copies of selected books will be available at the main desk a month in advance.

Cook Book Group meets on the fourth Thursday of the month from 6:30-8:00 P.M.

A cookbook will be selected and participants will each make a recipe from that cookbook and bring it to the library to share with others in the group. Copies of the cookbook will be available for checkout at the library.

English Conversation Circle

The English Conversation Circle is an ongoing, FREE program made possible because of a generous grant from the Greater Worcester Community Foundation. Five weekly sessions are offered for beginners and intermediate learners of English. For the complete schedule, refer to the library website or contact Priya Rathnam at 508-841-8531.

Memory Café

A memory café is a social gathering for those who have Alzheimer's or other forms of dementia and their care partners. The café meets on the first and third Friday of the month from 2:00-4:00 P.M. Music performances, art, or other engaging activities are planned for every meeting. This drop-in program is made possible with funds provided by the Greater Worcester Community Foundation.

Do you love library programs, museum passes, and more? Do you look forward to children's or teen activities? If so, you can help ensure these great programs and activities continue. All you need to do is join the **Friends of the Shrewsbury Public Library** today!

The Friends of the Shrewsbury Public Library is a non-profit organization that:

- CREATES terrific programs and services and runs an annual scholarship.
- GROWS membership and funding for the library while building community enrichment and involvement.
- SUPPORTS the Library and sponsors a range of special events.

We raise funds through membership fees, the Annual Book Sale, special fundraisers, donations, and product sales.

The new membership year starts January 1st, so it's time to renew OR BECOME a member of the Friends of the Shrewsbury Public Library. Anyone can join!

Sign up online at <http://splfriends.weebly.com/become-a-friend.html> or stop by the Library's main service desk and pick up a membership envelope. Membership fees are tax-deductible.

Levels of Friendship:

- \$10 Acquaintance
- \$20 Pal
- \$25 Good Buddy
- \$50 Friend
- \$100 Best Friend (entitled to a free canvas tote bag)
- \$250 Kindred Spirit (entitled to a free canvas tote bag)

News from the Town Planning & Economic Development Department

Public Forum on the Town Center Rezoning

Wednesday, December 11th, 6:00-8:00 P.M.

The Town of Shrewsbury is embarking on a town center rezoning process as a result of several planning efforts that have been taking place in that area over the past few years. We would like to hear from you! We invite you to attend this public forum.

Children's Room

Book Beats

Tuesdays at 10:00 A.M.

A lively early literacy music and movement program for ages 2-4 with a caregiver (siblings welcome). Admittance tokens required.

Babies, Books, and Bubbles

Wednesdays at 10:00 A.M. & 11:00 A.M.

Enjoy songs, fingerplays, and books with the littlest listeners. Babies from birth to 24 months are welcome along with their caregivers. Admittance tokens required.

Wiggle Words

Thursdays at NEW TIMES 9:45 A.M. & 10:15 A.M.

Join us for singing, dancing, and stories. For walkers up to 3 years old who love to move. Admittance tokens required.

Tinker Time

Fridays 10:30-11:30 A.M.

Drop by for a S.T.E.A.M.-friendly program for toddlers and their grownup(s). Explore various interactive stations at a self-guided pace.

Lego Build It!

Mondays 5:00-7:00 P.M.

Lego builders are welcome to drop by and build in this low-key program. Take on our challenge, or just build till your heart's content. Adult supervision required.

Chess Club

Wednesdays 6:30-7:30 P.M.

Drop by and play chess against other kids. Chess sets and timers will be available. No instruction will be provided.

½ Day Crafternoon

Tuesday, December 3rd, 2:00-4:00 P.M.

Kids of all ages are welcome to drop by for crafting on this half-day of school. Adult supervision required.

Shrewsbury Garden Club: Live Greens Arrangement

Tuesday, December 3rd, 5:00 P.M.

Kids of all ages (and a grownup) can join the Shrewsbury Garden Club for a live greens arrangement for the holidays. Registration is required.

Snowy Storytime

Saturday, December 14th, 2:00 P.M.

Join local author April Jones Prince as we celebrate her new book *Snowy Race* with a reading and a craft. For kids ages 4+ with adult supervision. Admittance tokens required.

Read to a Dog

Saturday, December 14th, 9:30-10:30 A.M.

Cheyenne the pup is coming to the library to listen to kids who are learning to read. Registration is required to reserve a 10-minute time slot.

Holiday Gifting Crafternoon

Monday, December 23rd, 2:00-4:00 P.M.

Kids of all ages are welcome to drop by for a DIY gift-making crafternoon. Adult supervision required.

Harry Potter Party

Monday, December 30th, 2:00-4:00 P.M.

December vacation is a magical time, and we are celebrating with Harry Potter! Kids and teens of all ages are welcome to join us for a magic-filled program with games, crafts, movies, snacks, and more!

The Shrewsbury Public Library would like to send a huge thank you to the Shrewsbury Federal Credit Union for funding this year's Wake Up With Wimpy program. Thanks to their generosity, 90 children joined us for a fun breakfast and went home with their own copy of the book. Thank you SFCU!



New Year's Eve Crafting

Tuesday, December 31st,
1:00-3:00 P.M.

Ring in the new year with fun crafts made at the library! For kids and their grownups. No registration required.

Sensory Storytime

Saturday, January 4th,
10:00 A.M.

Have fun with stories, songs, and a craft. This storytime is designed for children with autism spectrum disorders, sensory integration issues, other developmental disabilities, and their typically developing peers. Admittance tokens required.

PJ Storytime

Thursday, January 16th,
6:00 P.M.

Wear your pajamas to the library and bring your favorite stuffed animal, doll, or blankie. We will eat bedtime snacks, sing lullabies, make crafts, and read some fun bedtime stories. Geared to preschool children and their families. Registration required.

½ Day Crafternoon

Tuesday, February 4th,
2:00-4:00 P.M.

Make Valentine's Day cards and crafts. For kids and their grownups. No registration required.

February vacation is all about FROZEN fun!

Ice Cream Social

Tuesday, February 18th,
2:00-3:00 P.M.

Drop by for a special frozen treat!

Frozen Hour of Code

Wednesday, February 19th,
6:00 P.M.

Coding just got chilly! Kids in grades 1-5 can practice their coding skills. Registration required.

Frozen Party Friday

Friday, February 21st,
2:00-4:00 P.M.

Calling all lovers of Elsa and Anna! Join us for a Frozen party and play games, make crafts, and celebrate the wonders of Arendelle. For kids of all ages and their grownups.



SPLAT Meetings

Mondays, December 16th,
January 27th, February 24th,
8:00-8:45 P.M.

Young adults in grades 5-12 are invited to join SPLAT (Shrewsbury Public Library Advisory Team)! How do you join? Just show up! Being part of SPLAT is a great opportunity to contribute to the library community, expand your teamwork and leadership skills, and earn some volunteer hours! No registration necessary. Snacks will be served!

Throwback Thursdays

Thursdays, December 12th,
January 9th, February 13th,
3:30-4:30 P.M.

On the second Thursday of each month we'll be trying out different retro eras. We'll have '90s crafts, '50s gameshows, '70s snacks, and more! Grades 5-12, no registration necessary.

December Vacation Escape Rooms!

We've got a new Escape Room challenge for grades 5-12. Several sessions will be offered on December 23rd, 24th, 26th, and 27th. Registration required starting on December 9th. Check the calendar for times and details.

February Vacation Scavenger Hunt!

We had so much fun last year that we're making it an annual event. The Scavenger Hunt will be available from February 18th-21st and is best for grades 5-12. Prizes for top finishers in grades 5-12!

SHREWSBURY PUBLIC LIBRARY
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Shrewsbury, MA 01545

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CHAPTERS

THE NEWSLETTER OF THE SHREWSBURY PUBLIC LIBRARY - WINTER 2019-2020

ECRWSS
Resident Customer
Shrewsbury, MA 01545



Library Hours

Mon.-Thurs. 9:00 A.M. - 9:00 P.M.
Fri. 10:00 A.M. - 5:00 P.M.
Sat. 9:00 A.M. - 5:00 P.M.
Sun. 1:00 P.M. - 5:00 P.M.
(OCT-MAY)

Contact Information

Phone: 508-841-8609
Fax: 508-841-8524
www.shrewsbury-ma.gov/library

COMPUTER INSTRUCTION

Introduction to 3D Printing

*Tuesday, December 10th,
5:30-7:00 P.M.*

Get an introduction to 3D design and printing in this interactive workshop. Participants will learn how to use Tinkercad's 3D modeling software to create basic designs they can print with the library's 3D printer. Finished designs will be printed at a later date.

Google Docs & Google Drive

*Tuesday, January 14th,
5:30-7:00 P.M.*

Learn how to use Google's popular services for creating and storing documents within the cloud. This class will cover creating Google docs, as well as using Google drive to save and share files such as pictures and music.

Microsoft Word for Beginners

*Tuesday, January 21st,
5:30-6:30 P.M.*

Learn the basics of MS Word including how to modify text, how to format a paragraph, and how to save and open files.

Microsoft Excel for Beginners

*Tuesday, January 7th,
5:30-6:30 P.M.*

Learn the basics of Microsoft Excel including designing spreadsheets; formatting cells, rows, and columns; and implementing basic formulas.

Internet Safety 101

*Tuesday, February 11th,
5:30-6:30 P.M.*

Wondering how to protect yourself while surfing the web? This class will cover utilizing antivirus software, safe web browsing strategies, protecting yourself from identity theft, online shopping dos and don'ts, avoiding e-mail scams, and general internet safety.

No Registration. First come, first served.